

THE SKULL RETURNS

SATURDAY DECEMBER 16, 2017

VIRTUS INSTITUTE is holding our 3rd annual charity power lifting meet. **The Skull Returns** is your chance to test yourself against the iron and to help hundreds of local children have a brighter and happier holiday. We are partnering with the **"Shop With a Cop"** organization and will donate 100% of the meet proceeds to their great cause. This is a non-sanctioned full powerlifting competition open to the first **70 competitors** to register. Registration deadline is Monday December 11th. Please send in the registration form as soon as possible. Once the 70 lifter cap has been met registration will be closed. Singlets and/or proper lifting attire are required. Virtus Institute doors and warmup area open at 7:00am for spectators and competitors. The competition will begin promptly at 9am. Weigh In will be held from 8am to 10am & 5pm to 7pm Friday Dec. 15 and 7am to 8am on the day of competition. Winners will be awarded custom The Skull Returns trophies. Spectator admission is \$5 per person (children under 12 are free).

NAME: _____ AGE: _____ DOB / / _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____ PHONE: _____

EMAIL: _____ GYM: _____

WEIGHT CLASS (Circle ONE)

MEN:	105	114	123	132	148	165	181	198	220	242	275	308	SHW
WOMEN:	97	105	114	123	132	148	165	181	198	198+			

CATEGORY: POLICE CIVILIAN

COMPETITION

PRICE

FULL POWER (SQUAT / BENCH PRESS / DEADLIFT)

\$65

IRON MAN (BENCH PRESS & DEADLIFT)

\$55

BENCH PRESS ONLY

\$40

DEADLIFT ONLY

\$40

DIVISION

GEAR

RAW (WRAPS/BELT)

TEEN 14-15, 16-17

\$15

TEEN 18-19

\$15

JUNIOR (20-23)

\$15

OPEN

\$15

SUBMASTER (33+)

\$15

MASTER (40+)

\$15

GRANDMASTER (50+, 60+, 70+, 80+)

\$15

Add the competition and divisions entered for your entry Total

Check or money order made payable to **VIRTUS INSTITUTE**

Send completed form with payment to:

Virtus Institute attn: Nicole Cribbs, 643 North Main Street, Greensburg, PA 15601

****MEET IS OPEN TO THE FIRST 70 LIFTERS ONLY****

WWW.VIRTUS-INSTITUTE.COM